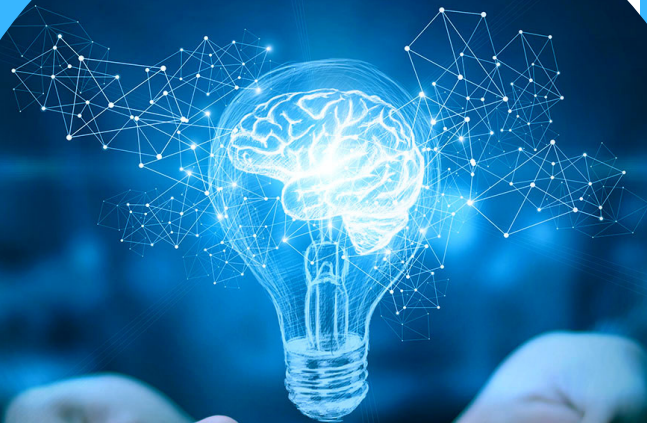


# "Energize Your Life, Enhance Your Vitality: Discover the NAD+ Difference!"

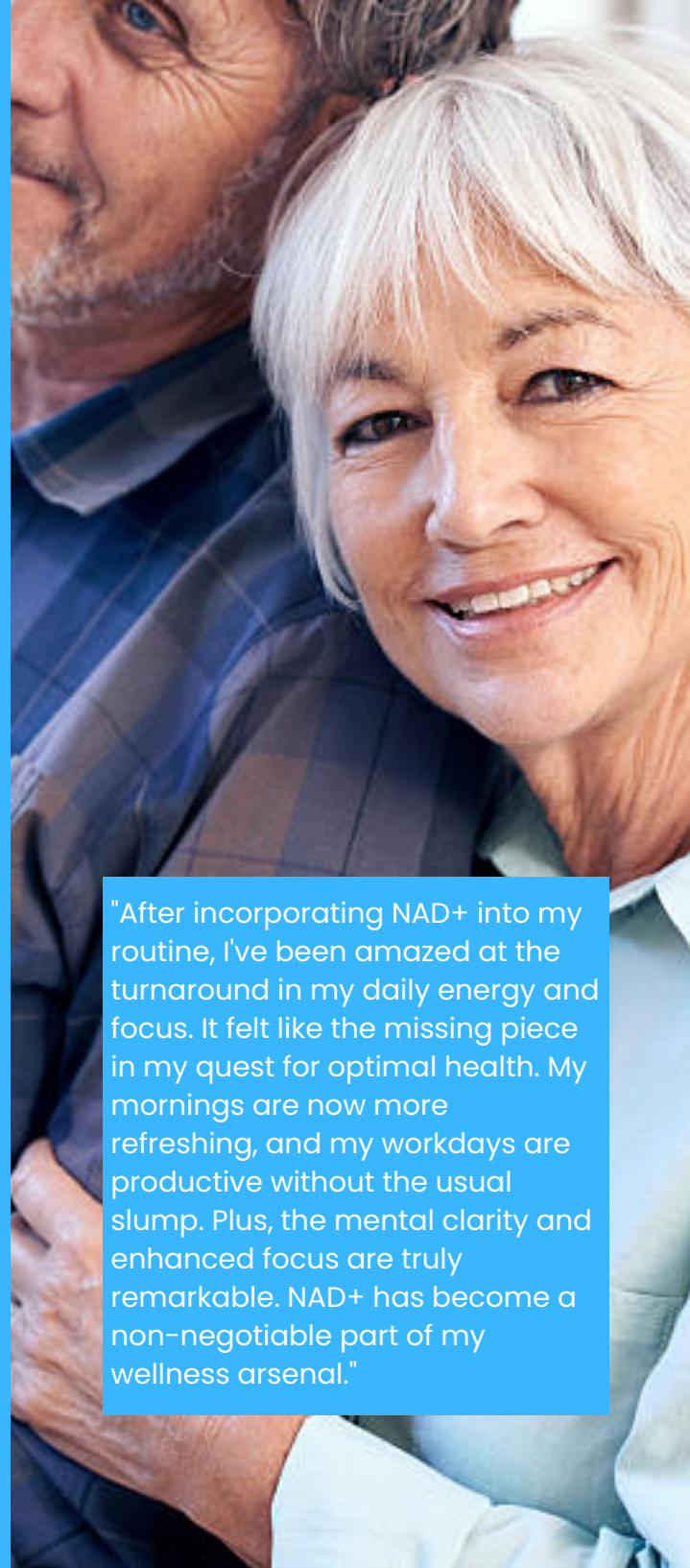
**NAD+**



Here's a simple list of signs that could indicate the potential use of NAD+:

- **Low Energy Levels:** Feeling unusually tired or fatigued, even after adequate rest.
- **Cognitive Decline:** Experiencing a decrease in cognitive functions, such as memory, focus, and the ability to process information efficiently.
- **Ageing Concerns:** Seeking to address or mitigate the physical and cognitive effects of aging.
- **Metabolic Issues:** Dealing with metabolic conditions that could benefit from enhanced cellular energy production.
- **Physical Performance:** Looking to improve physical performance, endurance, and recovery after exercise.
- **Mood Fluctuations:** Experiencing mood swings, depression, or anxiety, where NAD+ might help in regulating mood.
- **Sleep Disturbances:** Struggling with sleep patterns, including difficulty falling asleep or staying asleep.

It's important to consult with a healthcare professional before starting any new supplement, including NAD+, to ensure it's appropriate for your health needs and conditions.



"After incorporating NAD+ into my routine, I've been amazed at the turnaround in my daily energy and focus. It felt like the missing piece in my quest for optimal health. My mornings are now more refreshing, and my workdays are productive without the usual slump. Plus, the mental clarity and enhanced focus are truly remarkable. NAD+ has become a non-negotiable part of my wellness arsenal."

## What is Nad+?

NAD+ is found in every cell in your body and is essential for creating cellular energy and maintaining cellular health. Levels of this critical molecule correlate with health status in aging.

- NAD+ levels decline with age. Despite their central role in cellular functions, the body doesn't have an endless supply of NAD+. In fact, it decreases with age.
- NAD+ precursors can be used to increase NAD+ levels in the body. Human clinical trials have demonstrated that precursors to NAD+, including nicotinamide riboside (NR) and nicotinamide mononucleotide (NMN), can safely and effectively increase NAD+ levels in the body.

## Contact Us



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## Benefits of Nad+

- Improved Cognitive Function: Enhances memory, learning, and focus.
- Increased Energy Levels: NAD+ is vital for energy production, potentially boosting energy levels.
- Reduced Inflammation: NAD+ and L-Carnosine possess anti-inflammatory properties.
- Slowing the Aging Process: NAD+ supplementation may help slow down the aging process.
- Boost Treatment of Diseases: NAD+ and L-Carnosine, as supplements, can complement conventional disease treatments.



*I belong to you*

Kalpana Desai, MD

Specializes in anti aging,  
functional medicine and  
bariatric medicine.

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